

## **Earthquake/Emergency Check List**

### **Know how to:**

- ✓ **Shut off gas at meter and at the street - If possible.**
- ✓ **Shut off fuel at tank - if you use fuel oil.**
- ✓ **Shut off propane at tank - If you use propane.**
- ✓ **Shut off Electric at main box in your house.**
- ✓ **Shut off water at main valve in your house - or at the well if you have a well.**

### **Do Prepare and Stock the Following**

- ✓ **Water stored in non-breakable containers @ 1 Gal P.P.P.D. (per person per day) minimum. Store at least 3 days worth - 1 month is better.**
- ✓ **Food - Easy to fix - No cooking required: like dry cereals - canned goods, freeze dried - MRE's (meals ready to eat) - Dehydrated food.**
- ✓ **First Aid Kit - Get one with more than Band-Aids in it. You will have to be your own medic.**
- ✓ **Sanitation Supplies - Soap - Waterless soap (water is normally in short supply) moist towlettes etc. To conserve water, paper towels, toilet paper, shovel, plastic heavy duty garbage bags for waste disposal etc.**
- ✓ **Shelter - Tarps, plastic, tents, manner, nails, heavy duty tape.**
- ✓ **Flashlight & Spare batteries or rechargeable batteries and solar panel.**
- ✓ **Radio - Battery operated & spare batteries - candles & matches.**
- ✓ **Special medications you may need - stock up ahead if possible.**
- ✓ **Warm clothes - extra warm boots, coat, gloves, hat, long underwear, rain gear.**
- ✓ **Soap, toilet paper, paper towels, garbage bags, plastic bags.**
- ✓ **Personal hygiene items - tooth brush, comb, wash cloth, soap, etc.**
- ✓ **Camping type stove and fuel - cooking utensils, sleeping bags, blankets, sleeping pads, tarps, plastic (minimum 3 mil thick) to cover stuff. Round up all your camping supplies and make a list.**

## **Earthquake Emergency List Continued**

- ✓ **Keep vehicle gas tank full - it can be used as emergency shelter - Park it out of garage and away from trees - beware of exhaust fumes - Keep food & water here also. An additional emergency pack should always be kept in your car to be close at hand.**
- ✓ **Tool kit - hammer, saw, nails, crow bar, duct tape, adjustable wrenches (Medium & Large) plywood to make emergency shelter, to repair or board up windows etc.**
- ✓ **Extra pet food and leash.**
- ✓ **Water purification tablets and or portable water filter.**
- ✓ **Remove all glass from high places (Like in upper cupboards, shelves etc.).**
- ✓ **Plan on no electricity or phone for days.**
- ✓ **Plan a family meeting place for after an emergency. Have out of town contact (relative or friend) act as a place to call to relay messages between those who find themselves in an emergency.**
- ✓ **Be sure area is free of gas or explosive fumes before using any open flame.**
- ✓ **Have extra cash available - You may be able to buy some items in an emergency or use to leave town. Put some cash in your emergency pack also.**
- ✓ **Duffel bag or equivalent (to pack above items in).**
- ✓ **Pack all the above (as much as possible in duffel bag or other similar heavy duty bag) and keep near front door or take in car with you. It is an excellent idea to have a smaller emergency pack in the car at all times and the larger one at home near a door so you can take it with you on the way out.**
  
- ✓ **This basic list is to give you ideas on where to start. Books are available for more in depth study.**